

YOGA & Wine

stretch+sip
at Telaya Wine Co.

June 19th, 2019

TELAYA & STUDIOMOVE PRESENT

STRETCH + SIP

A 50 minute yoga class followed by your choice of a white or red glass of wine to sit back and relax with!!



We will be offering a level 1-2 Vinyasa class taught by StudioMove's very own Emily Garringer. This class will leave you feeling strong, grounded, centered, and of course better than when you arrived!

Please bring your own yoga mat, and your ID, this is a 21 + event only!

Tickets available on EventBrite

