

IDAHO YOGA WEEK FREE CLASSES AT STUDIOMOVE

For Idaho yoga week StudioMove will be offering ALL Saturday And Sunday classes for free!! June 8th-9th,

Saturday
11:30 Hot barre
1pm All Levels Vinyasa
2:30pm Beginner Adult Ballet class, our NEWEST class!

Sunday 12pm All Levels Vinyasa 6pm Yin Yoga

Be sure to register through MindBody to reserve your spot as we are expecting a large amount of participans! Come enjoy our beautiful space, amazing teachers, and growing community!